



**Sonja Riker, Patrick  
Wittmann**  
**Soup Heaven**

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Not so very long ago Sonja Riker was a successful radio journalist, head of a department at Bavaria Radio ... and a working mother who wanted to make sure her young daughter had a warm and nourishing lunch every day. So, how do you set about achieving that? Well, every Sunday Sonja Riker put a pot of chicken or beef and vegetables on the stove and let everything simmer away gently to create a wonderful stock – the foundation for a week’s supply of imaginative soups and stews.

In October 2006 she took her passion for great soup to a wider audience, opening her café on Munich’s famous Elisabeth Market. Word spread quickly that her soups warmed the heart – and the soul – and were the perfect pick-me-up in the middle of a busy day. Today Sonja Riker’s Soup Kitchen is a popular haunt of soup fans from far and near. And those who can’t get there in person are now buying her cookbook to make their own. Her award-winning recipes have become a surprise hit in the cookbook market. Thanks to Patrick Wittmann’s wonderful photos, the book is also a feast for the eyes!



© Patrick Wittmann

## **Sonja Riker**

Sonja Riker was born in Starnberg, south west of Munich, in 1967. She worked in radio before opening her soup kitchen in Munich's Elisabeth Market. She lives with her family in Munich.

## **Other titles of the author**

More Soup Heaven 978-3-88897-790-9